



# Asthma

One out of five children in Ontario have asthma and while there is no cure, it can be controlled so that children lead healthy lives at home and at school.

Ryan's Law which came into force in May 2015, will help to protect students who have asthma.

For more information, visit: [www.on.lung.ca/ryans-law---what-parents-need-to-know](http://www.on.lung.ca/ryans-law---what-parents-need-to-know)

What can you do to help your child at school?

- Work with your doctor to complete a written Asthma Action Plan.
- Make sure to tell your school principal and teacher that your child has asthma.
- Provide the school with the Asthma Action Plan written by your health care provider.
- Ensure that the information on file is kept up-to-date, including any changes to their medications.
- Work with an asthma educator to learn more about controlling asthma.
- See your doctor or nurse practitioner at least twice a year, even if asthma is under control.