



# MINUTES

## Mental Health Leadership Committee Meeting

*Thursday, June 11, 2020*  
*9:30-11:00 am*  
*Microsoft Teams*

Chair: Laura Conboy

Recorder: Lynne Rousseau

Attendees: Laura Conboy, Alison McDonnell, Wendy Morrison, Suche James, Jennifer Murphy, Shona Ribbel, Megan Cochrane, Gillian Gunn, Kristin Fossum, Maureen Bartlett, Lynne Rousseau, Ellyn Clost-Lambert

Regrets:

<b>Agenda Item</b>	<b>Discussions/Decisions</b>	<b>MRP</b>
1. Approval of Agenda	Today's meeting will focus on the development of the 2021-2024 LDSB Mental Health and Addictions Strategy.	All
2. Introductions	Ellyn Clost-Lambert has been newly hired into the contract position of Data Research Specialist. This position is connected to the Mental Health Workers in Secondary Schools funding and is overseen by the Mental Health Lead.	L. Conboy
3. Data Inventory/LDSB Mental Health and Addictions Strategy	<p>Ellyn Clost-Lambert has developed an Excel-based data inventory. The inventory is useful to know what mental health and well-being data exists in the system, how we use it, how we could be using it, and what data we are missing. A summary presentation of this data was provided to the committee. If committee members have data that they feel would be important to add to the inventory or could be used to inform the MH Strategy, please forward this to Ellyn.</p> <p>In addition to the known data, the known gaps were reviewed. These include the areas of Tier 1 services, substance use and identity-based data.</p> <p>Laura Conboy shared that there has been discussion with the team leading the upcoming Student Census to see how we may be able to use the data they are collecting to inform the development of the Mental Health and Addictions Strategy. Through conversation with the Student Census team it was determined that it would be best for the MH Leadership Committee to try to gather</p>	E. Clost-Lambert



	<p>student voice through a voluntary, 4-6 question online survey, targeted to both elementary and secondary students.</p> <p>A discussion among committee members raised a number of points for consideration. They include:</p> <p><b>Grade</b></p> <ul style="list-style-type: none"> <li>▪ Consider self-awareness and developmental readiness of students to be able to answer survey</li> <li>▪ Do we use more than one version of the questions?</li> <li>▪ Should we start with grade 6 students? This is where SW services begin. The Student Census is grades 4-12.</li> <li>▪ Data below grade 6 is valuable to look at early intervention. Could parents/teachers fill out the survey on behalf of students?</li> </ul> <p><b>Early Development Instrument (EDI) Report</b></p> <ul style="list-style-type: none"> <li>▪ Could mental health questions be added to the EDI report for the next cycle?</li> </ul> <p><b>Inclusive Planning</b></p> <ul style="list-style-type: none"> <li>▪ Consider the literacy of student, privacy for answering, concern for discrimination</li> <li>▪ Need to prioritize our marginalized students</li> <li>▪ What will be the options of support? Can the student designate a ‘helper’?</li> <li>▪ Ensure questions are developed through lens of anti-racism, anti-oppression</li> <li>▪ Consider focus groups: marginalized, rural, north end, young students</li> </ul> <p><b>Demographic Information</b></p> <ul style="list-style-type: none"> <li>▪ Ensures that we know that representation of student population is generalized and inclusive of all student voice</li> <li>▪ Informs who participated</li> <li>▪ Can compensation be provided?</li> </ul> <p><b>Additions and Mental Health</b></p> <ul style="list-style-type: none"> <li>▪ Ask of the committee to consider questions that focus on gathering voice about addictions <i>and</i> mental health</li> </ul>	
4. Date of Next Meetings	Meeting dates/times for the 2020-2021 school year have yet to be determined. Laura will send out meeting invitations once these have been established.	L. Conboy
5. Adjournment		L. Conboy