



# MINUTES

## Mental Health & Substance Use Leadership Committee Meeting

Wednesday, January 12, 2022

3:30-5:00 PM

Microsoft Teams

**Chair:** Laura Conboy

**Minutes:** Wendy Fisher

**Attendees:** Maureen Bartlett, Leah Carey, Ellyn Clost-Lambert, Laura Conboy, Nicola Dillard, Wendy Fisher, Scot Gillam, Gillian Gunn, Deniece Hunter, Christine Lambert, Kristy Luffman, Rae McDonald, Janine Monahan, Wendy Morrison, Cheryl Owen-Dawson, Shawn Quigley, Liv Rondeau

**Regrets:** Cheryl Snider

Agenda Items	Discussion/Decisions	MRP
1. Welcome/Land Acknowledgement	Welcome to newest members. Christine Lambert is representing the Clinical Consultant affinity and Deniece Hunter is representing Early Childhood Educators.	L. Conboy
2. Approval of Agenda	Minutes approved by Rae McDonald.	All
3. Approval of Minutes		All
4. Terms of Reference	<p>The Committee discussed adding a section regarding decision making to the Terms of Reference (TOR).</p> <p>Members have an important role of being the voice that represents their affinity groups or agency. They should be communicating relevant information back to their colleagues and the committee as best they can.</p> <p>The goal continues to be to have student representation on this committee. If a committee member identifies a student who is interested in participating, and if the student consents, they can share the student's information with Laura Conboy and she will connect directly with the student.</p> <p>An updated draft of the TOR will be provided to the committee in March. Committee members are encouraged to reach out to Laura with suggestions.</p>	All



<p>5. School Climate/ Census/Strategy Data Update</p>	<p>Ellyn shared information about LDSB data collection projects and how they relate to our work by guiding decision making.</p> <p>The School Climate Survey is closed. The third largest group of student respondents identified themselves as having a mental illness.</p>	<p>E. Clost-Lambert</p>
<p>6. Community Partner Updates</p>	<p><b>Youth Diversion update:</b> Youth Diversion and Maltby Centre submitted a successful grant proposal. An identified gap in services is for youth under 18 who struggle with mental health and substance use concerns. Maltby and Youth Diversion are in the process of improving the coordination of services between their agencies.</p> <p><b>Maltby Centre update:</b> An area of focus for Maltby is the continued integration of mental health and autism.</p> <p>The volume of clients needing psychological assessments have increased and capacity to respond is challenging.</p> <p>Maltby currently has a waitlist for mental health services. It is hoped that this is temporary, as new staff are in place.</p> <p>In person services are available for higher risk and higher needs clients.</p> <p>Day treatment classrooms are back to in-person service.</p>	<p>S. Quigley</p> <p>W. Morrison</p>
<p>7. Mental Health &amp; Substance Use Action Plan Updates</p>	<p><b>Mental Health &amp; Substance Use Knowledge</b> The Family Advisory Committee has provided feedback on the Mental Health and Wellness pages of the LDSB website. Parent Involvement Committee (PIC) to do the same in February.</p> <p><b>Mental Health &amp; Substance Use Support</b> Print and digital promotional materials will be provided to all secondary schools for the online self-referral mechanism to access school-based mental health supports.</p>	<p>L. Conboy</p>



	<p><b>A Relationship-Based Approach to Student Well-being and Achievement</b>          Small group discussions around The Third Path framework continue with the Behaviour Action Team (BAT). They are working closely with District Learning Centre (DLC) teachers around the framework.</p> <p><b>Pathways To/Through/From Care</b>          A multi-disciplinary in-service with KGH psychiatry Residents and Fellows in October was productive.</p> <p><b>Equip and Support Staff</b>          A second Applied Suicide Intervention Skills Training will take place on February 8<sup>th</sup> and 9<sup>th</sup> for LDSB and Maltby staff.</p> <p><b>Culturally Responsive Mental Health Promotion/Prevention/Intervention</b>          Collaboration with ISKA and KEYS focused on mental health and substance use service pathways for newcomers.</p>	
<p>8. MH LIT: Student Mental Health in Action</p>	<p>Student Mental Health Literacy (MH LIT) is a series of four lesson plans created by School Mental Health Ontario (SMHO). The lesson plans are designed to be delivered by educators at the secondary level. Using teachers to address mental health in classrooms aligns with the feedback received from students during the Mental Health and Substance Use Strategy survey.</p> <p>Next steps will be to determine how to introduce MH LIT to the secondary system. Committee members are welcome to explore the materials on the SMHO website. There is an upcoming virtual connect that Laura will attend to hear how other school boards have trialed these lesson plans.</p>	<p>L. Conboy</p>
<p>9. Adjournment</p>	<p>Next meeting is scheduled for March 9, 2022 at 3:30 PM. Meeting to be held virtually.</p>	<p>L. Conboy</p>