



MINUTES

Mental Health & Substance Use Leadership Committee Meeting

Wednesday, October 13, 2021

3:30-5:00 PM

Microsoft Teams

Chair: Laura Conboy

Minutes: Wendy Fisher

Attendees: Laura Conboy, Scot Gillam, Gillian Gunn, Wendy Fisher, Janine Monahan, Nicola Dillard, Ellyn Clost-Lambert, Kristy Luffman, Liv Rondeau, Rachel McDonald, Leah Carey, Laura Stevens, Cheryl Snider, Shawn Quigley

Agenda Items	Discussion/Decisions	MRP
1. Introductions	Welcome to new committee members. Welcome back to previous members. Land Acknowledgement shared.	L. Conboy
2. Approval of Agenda	School Mental Health Ontario (SMHO) updates will be provided via email. Instead, Shawn Quigley will provide an update to the Committee on Youth Diversion supports provided during July & August.	All
3. Approval of Minutes	Correction: Kristy Luffman's name is misspelled in May 2021 minutes.	All
4. 2021-2022 MH & Addiction Strategy	<p>Proposed change to the Committee title "Mental Health and Substance Use Leadership Committee" to reflect intentional focus on substance use moving forward. Change Terms of Reference (TOR) and Board website to reflect new Committee name.</p> <p>Strategy has been presented to Trustees. Next steps are to present to Special Education Advisory Committee (SEAC) and Administrators. On October 27, 2021 the Strategy will be available to the public via the LDSB website.</p> <p>Strategy presented to Committee. Four foundational principles came out of the data collected. They include engagement, organizational conditions, equity & evidence. Six areas of focus have been identified for the next three years. These include: mental health substance use knowledge; mental health substance use & support; culturally responsive mental health promotion, prevention & intervention; pathways to/through/from</p>	L. Conboy



	<p>care; equip and support staff; a relationship-based approach to well-being and achievement.</p> <p>2021-2022 Action Plan will also be available to the public via the LDSB website.</p> <p>Committee members felt that it was a positive step to move away from “trauma-informed” language and include Adverse Childhood Experiences (ACEs).</p> <p>Appreciation of the contributions and thoughtful suggestions made by the Committee.</p> <p>Suggestion to bring Strategy forward to the Community and Safety Well-Being Group.</p>	
5. 2021-2022 Action Plan Snapshot	<p>Action items from each area of focus were discussed. Discussion about the ACEs training through Community Resilience Initiative (CRI) and potential plans for capacity building in LDSB.</p>	L. Conboy
6. Youth Diversion Enhanced Support	<p>With funding provided by LDSB, Youth Diversion was able to increase staff hours for walk-in services and after hours calls during July & August. They also hosted a week-long life skills group, community swim, clothing carousel, local drop-ins across parks, wellness kits, and camps. With this funding and increased service:</p> <ul style="list-style-type: none">• 519 LDSB students supported• 400 direct and indirect hours of support provided by Youth Diversion staff	S. Quigley
7. School Climate Survey Questions	<p>Grades 4-12 students will receive this anonymous survey. Families of schools will receive a school profile upon closure of the survey. Feedback regarding potential questions was elicited from Committee members.</p>	E. Clost-Lambert
8. 2021-2022 Meetings	<p>There are four Committee meetings scheduled for this school year. Next meeting will be January 12, 2022.</p> <p>TOR will be sent out via email and a deadline will be provided for feedback submission. We will finalize the new TOR at the January meeting.</p>	L. Conboy