



MINUTES

Mental Health & Substance Use Leadership Committee Meeting

Thursday, May 12, 2022

3:30-5:00 PM

Microsoft Teams

Chair: Laura Conboy

Recorder: Wendy Fisher

Attendees: Laura Conboy, Scot Gillam, Gillian Gunn, Wendy Fisher, Amanda Posadowki, Public Health, Nicola Dillard, Elyn Clost-Lambert, Kristy Luffman, Liv Rondeau, Rachel McDonald, Leah Carey, Cheryl Snider, Maureen Bartlett, Josh Goodfellow, Wendy Morrison, Shawn Quigley, Christine Lambert

Agenda Items	Discussion/Decisions	MRP
1. Introductions	Land Acknowledgement was shared. Welcome to Amanda Posadowski who is the new KFL&A Public Health representative replacing Janine Monahan.	L. Conboy
2. Approval of Agenda	Approved.	All
3. Approval of Minutes	Approved.	All
4. School Mental Health Ontario (SMHO) Board Scan Update	The SMHO Board Scan was submitted for the March 31, 2022 deadline. Appreciation was expressed for the Committee's input. There is no provincial report to share at this time; however, Committee members are welcome to reach out in June if they have any questions.	L. Conboy
5. Suicide Protocol Revision Update	Two meetings have taken place to review and revise the Suicide Response Protocol. A small working group (unrelated to the Committee) has come together to develop an Administrative Procedure regarding memorialization. This will be linked to the postvention section of the Protocol. There will be a focus on confidentiality and what happens to documentation in schools. The working group will seek clarification regarding	L. Conboy R. McDonald C. Lambert

	<p>guidelines around the storage and retention of appendices.</p> <p>Crisis Line data was shared with Senior Team; one of the recommendations from this data was a mandatory Health & Safety module for all staff.</p>	
<p>6. Substance Use in Schools</p>	<p>At the request of Roxanne Saunders, Principal at SHS, Laura has brought forward a memo for discussion. Laura also acknowledged the anniversary date of a tragic loss for the SHS community.</p> <p>Accessing and using substances is a great issue of concern at SHS and other sites as well.</p> <p>Shawn Quigley advised that there is currently no policy/protocol regarding the delivery of Kairos supports and services. One hesitation around a protocol is that substance use is still a crime and is punishable. Criminalization is counter productive when supporting youth who are struggling with substance misuse.</p> <p>Liv Rondeau stated that we need to be thoughtful about when to involve police, or other punitive measures. Calling police is not always helpful, especially for Indigenous youth. This needs to be an ongoing conversation and current policy/procedure needs to be reviewed.</p> <p>Shawn wondered if SSCs/ACWs/SWs were using screening/assessment tools such as the GAINS-SS. The short screener can be used by anyone and requires very little training. Dr. Christine Lambert wondered about developing pathways to respond to substance use issues, rather than using a screener. Laura advised that SMHO has offered screeners for regulated professionals, but specific to cannabis. She has followed up with Home & Community Care Support Services to inquire what the Mental Health and Addictions Nurses are using for screeners. If we use screeners in schools, we should be consistent with what community partners are using.</p> <p>Guidelines, rather than a protocol, may allow us more flexibility and responsiveness to individual students.</p>	<p>All</p>

	<p>Leah Carey reported that previously, The Heads Up! Clinic has been helpful in providing training around substance-induced psychosis. Youth Diversion has provided LDSB staff with PD about substance use and signs/symptoms of early psychosis.</p> <p>Gillian Gunn suggested that we ensure that board policies, such as automatic suspensions, reflect a harm reduction approach.</p> <p>Ellyn Clost-Lambert wants to know if LDSB supports a harm reduction approach.</p> <p>Amanda wondered what Public Health can do to support this work for the upcoming school year.</p> <p>Laura will enact some next steps, including a meeting with Superintendents and the Educational Services & Safe Schools Lead. There are lots of jumping off points where existing resources may be utilized.</p>	
<p>7. 2021-2022 Action Plan Snapshot Update</p>	<p>Lots of work has been done to carry out the activities in the Action Plan. These include:</p> <ul style="list-style-type: none"> • Providing all ESL educators in Level 1 Trauma-Informed Training • Secondary School-to-Community educators participated in safeTALK training; review of SMHO MH Lit resources; professional learning in the area of student sexual health 	<p>L. Conboy</p>
<p>8. 2022-2023 Action Plan Development</p>	<p>Committee members provided feedback on what they would like considered for inclusion in the 2022-2023 Action Plan.</p> <p>Rae McDonald suggested trauma-informed practices and building capacity across LDSB.</p> <p>Nicola Dillard inquired about how to more effectively share resources for Tier 2 & 3 interventions. Tier 1 resources are clear, and we are building pathways to access tier 3 supports, but tier 2 is trickier.</p> <p>Shawn spoke about the Quest Grant to strengthen concurrent supports in KFL&A and support youth with substance use concerns. How can we help staff have comfortable conversation</p>	<p>All</p>

	<p>around substance use? Elyyn stated that she would like to see something official about harm reduction from LDSB.</p> <p>Amanda stressed the importance of data collection and sharing.</p>	
9. Adjournment	<p>The Committee is adjourned for the year. Members were thanked for their commitment to this work. Dates for the 2022-2023 school year meetings will be sent out in fall 2022.</p>	L. Conboy