



# MINUTES

## Mental Health & Substance Use Leadership Committee Meeting

Thursday, September 22, 2022

3:30-5:00 PM

Microsoft Teams

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**Chair:** Laura Conboy

**Recorder:** Wendy Fisher

**Attendees:** Laura Conboy, Gillian Gunn, Wendy Fisher, Ellyn Clost-Lambert, Kristy Luffman, Liv Rondeau, Rachel McDonald, Leah Carey, Cheryl Snider, Maureen Bartlett, Christine Lambert, Joanne Mayo, Amanda Posadowski,

**Regrets:** Scot Gilman, Nichol Dillard, and Josh Goodfellow

Agenda Items	Discussion/Decisions	MRP
1. Introductions	Welcome to new participants!  Wendy Morrison from Maltby Centre has moved on to a new adventure – Joanne Mayo will be filling Wendy’s vacancy until her replacement has been hired.  Cheryl Owen-Dawson and Josh Goodfellow have stepped down as Committee members. Laura Conboy & Scot Gillam will work to seek representatives for these positions.  Land Acknowledgement completed.	L. Conboy
2. Approval of Agenda	No changes.	All
3. Review Terms of Reference (TOR) and Membership	Thank you to members for your ongoing commitments.  Please ensure that you have a backup delegate so your organization or affinity can always be represented.  We continue to struggle with consistent parent and student representation. This year, we are going to try a different approach. Scot will reach out to school administrators, asking them to	L. Conboy

	<p>identify interested students. We will also try going through the Parent Involvement Committee to find a parent representative.</p> <p>Ellyn noted that a correction needs to be made to the footnote in the TOR. Laura would like to include a section in the TOR that indicates that student representatives will receive volunteer hours for their participation on the Committee. No members opposed this.</p>	
4. Community Partner Updates	<p>Shawn Quigley provided updates from Youth Diversion. A staff member who has been off work will be returning shortly to support NDSS, KSS and ESS. The We'Bound program will be running in October. The Quest Grant is also wrapped up. Shawn to provide further updates as they come.</p> <p>Amanda Posadowski provided updates from KFL&amp;A Public Health. Nurses have finished assessments with elementary and secondary schools related to health topics they would like support with. Mental health is the primary topic of concern, followed by violence and bullying. An area of focus in secondary schools is the establishment of youth-led wellness teams.</p> <p>Joanne provided updates for Maltby Centre. Maltby will be offering extended hours at all sites Monday-Thursday until 7:00 PM. The last appointment can be made at 5:30 PM. Saturday hours will be offered from 8:30-4:30. Their brief session model cleared up the waitlist and clients may be referred to ongoing services again. Maltby is also extending services in the North. They are doing work at GREC providing COPE, a parenting capacity group, and a social skills group for youth ages 11-14 years.</p>	A. Posadowski/ J. Mayo/ S.Quigley
5. YouthRex Centering Black Youth Wellbeing: A Certificate on Combatting Anti-Black Racism	<p>There is another opportunity for to engage in this learning. The program consists of several webinars and three drop-in sessions which can be done synchronously or asynchronously. This opportunity is available to all Superintendents, Student Support Counsellors, Social Workers, Adolescent Care Workers, Clinical Consultants and Committee members.</p>	L. Conboy
6. Suicide Protocol Updates	<p>Thank you to those who contributed from the Committee. This year, all staff were required to complete a Suicide Response Protocol module as part of mandatory Health &amp; Safety training.</p>	L. Conboy

	<p>Updates to the protocol include new graphics to reflect more diversity, removal of gender pronouns, life promotion content, updates in the pathways to care to reflect virtual school, and resources to support yourself and others. Appendix B &amp; C were also significantly updated. The updated Protocol and appendices can be found on Minds Online and the Educational Services Forms Hub. A public version of the protocol is also available on the board website, along with additional life promotion and suicide prevention resources.</p> <p>LDSB's work in this area has caught the attention of School Mental Health Ontario.</p> <p>Shawn wondered if we could monitor how many staff have completed the Health &amp; Safety and/or people access the protocol. Gillian cautioned the Committee about using the number of "clicks" or downloads to measure uptake, as one person may access the module/document, and disseminate it amongst multiple people.</p>	
7. 2021-2022 Progress Report	Laura is finishing the Progress Report for 2021-2022. The Progress Report and 2022-2023 Action Plan will be presented to the Trustees in October and then made available to the public. Feedback was provided by the Committee regarding additions to the Progress Report.	All
8. 2022-2023 Action Plan Snapshot	Laura will bring the 2022-2023 Action Plan to the Community Equity Advisory Committee (CEAC) in December to receive their input on how to action some of the key activities. Feedback was provided from the Committee regarding changes they would like considered for the Action Plan.	All
9. Adjournment	Meeting adjourned. Next meeting to take place on November 24, 2022 from 3:30- PM, via MS Teams.	L. Conboy