



MINUTES

Mental Health & Substance Use Leadership Committee Meeting

Thursday, May 25, 2023

3:30-5:00 PM

Microsoft Teams

Chair: Laura Conboy

Recorder: Wendy Fisher

Attendees: Laura Conboy, Wendy Fisher, Cheryl Snider, Gillian Gunn, Ellyn Clost-Lambert, Kristy Luffman, Leah Carey, Maureen Bartlett, Rae McDonald, Michele Miller, Megan Brunet, Shawn Quigley, Amanda Posadowski

Regrets: Scot Gillam, Liv Rondeau, Shannon Niemi

Agenda Items	Discussion/Decisions	MRP
1. Introductions	Committee members welcomed. A special thank you to Vice-Principal representative Maureen Bartlett, who will be retiring in June. Laura Conboy shared a personal land acknowledgement with the Committee.	L. Conboy
2. Approval of Agenda	Ellyn Clost-Lambert motioned to approve today's agenda. Motion seconded by Gillian Gunn.	All
3. Approval of Minutes	Shawn Quigley motioned to approve the March 23, 2023, meeting minutes. Motion seconded by Gillian.	All
4. Community Partner Updates	Shawn shared information from Youth Diversions' end of year report. Over 490 LDSB students and staff received support through Kairos between April 1, 2022 and March 31, 2023. Cannabinoids, nicotine and alcohol were the most commonly used substances, as identified by students in both LDSB and ALCDSB. Youth Diversion summer programs will not be running this year, due to their upcoming site move. Outreach workers will still be attempting to connect with students. Kairos and Intersections support will continue to be available over the summer.	S. Quigley

	<p>Amanda provided an update on Public Health activities. Nurses helped to support Mental Health Week earlier this month. They also participated in the Roadmap to Wellness “Where to Turn” Mental Health Week event, alongside LDSB. Nurses are supporting the implementation of School Mental Health Ontario (SMHO) MH Lit: Student Mental Health in Action at select secondary schools. They continue to run grade 6 presentations on substance use. Nurses have facilitated vaping information sessions. Amanda also reported that Public Health is working on a data sharing agreement with LDSB.</p>	A. Posadowski
5. Student & Caregiver Updates	No representatives present.	M. Elshrief A. Bevens-leblanc
6. 2022-2023 SMHO Board Scan Update	<p>Ellyn provided an update on the SMHO Board Scan. Committee members were thanked for completing the questionnaire to the best of their ability. Some committee members voiced not having enough information to answer survey questions accurately. Ellyn confirmed that the Board Scan has been submitted to SMHO. Next steps include sharing the results (not yet received) with Senior Team so that they can better understand the scope of well-being work across the board, and where more support may be needed.</p> <p>Ellyn proposed bringing some of the items to the Committee for discussion next year. Laura agreed that it may be helpful to have a standing agenda item regarding the Board Scan during next year’s meetings.</p>	E. Clost-Lambert
7. End of Year Review	<p>Laura shared a review of some of the achievements from the 2022-2023 school year. Successes include:</p> <ul style="list-style-type: none"> • 37 administrators/educators participated in Third Path Book Club • September PA Day Third Path presentation to all staff by Dr. David Tranter • K-3 Social Worker and Equity Team connection • safeTALK training in for Educational Assistants (EAs) • Invitation to present at two SMHO Knowledge and Implantation Series virtual events • Adolescent Care Workers (ACWs) trained in Strong Minds Strong Kids “Stress Lessons” • Support with Workforce Census • Upcoming school calendar recommendations 	L. Conboy

	<ul style="list-style-type: none"> • Limestone Learning Foundation virtual presentation by Dr. Robyn Hanley-Dafoe, for grade 9-12 students • ECPP Ministry monitoring visit at Truedell Nexus classroom • MH LIT: Student Mental Health lesson plans rolling out to grade 9 physical education classrooms • Presentation to SEAC Committee in April 2023 • Mental Health Week 2023 with a spotlight on student voice • Student Trustee participation at SMHO Provincial Meeting • LINKS program evaluation • Suicide Response Protocol Health & Safety module for all staff • Emotion Coaching workshop for EAs and Educational Services staff • ECE participation in Roots of Empathy training 	
<p>8. PreVenture</p>	<p>LDSB was successful in our application for the Scale-Up pilot of PreVenture. An overview of this targeted, personality-based, and evidence-informed intervention was provided by Laura. This pilot will be supported by SMHO, Canadian Mental Health Association (CAMH) and Youth Wellness Hubs Ontario (YWHO).</p> <p>During the 2022-2023 school year, PreVenture will be piloted at four elementary schools, targeting grade 7 and/or 8 students. Training for a small group of Student Support Counsellors (SSCs) will take place in October, 2023. Classroom-based workshops will commence after this. Both Laura and Wendy Fisher will have completed Facilitator training by the end of summer.</p> <p>Laura is currently working with SMHO, CAMH and YWHO to work through logistics, including the consent process. YWHO (OneRoof) staff will support the co-facilitation of workshops.</p> <p>Leah Carey asked if there was funding available for schools who participate in the pilot project. Laura advised that there will be. Laura also reported that there is no cost to participating Boards/schools for materials, training, and re-certification.</p>	<p>L. Conboy</p>

	<p>Shawn wondered if there was any plan to follow students who receive PreVenture to see if there is an impact on delaying substance use. At this time, it is unknown what the longitudinal, individual student follow-up will be.</p>	
9. Robb Nash Project	<p>Laura provided an overview of the Robb Nash Project. A short promotional video was previewed by Committee members. There is an opportunity to learn more about the Robb Nash Project at a community event hosted by RBC on June 14, 2023. Committee members are invited to attend the screening and provide their feedback, which will be shared with Senior Team members. Laura will send a follow-up email to Committee members to ascertain interest.</p> <p>Michele Miller shared that Robb Nash previously came to NDSS. She reported that the feedback from students was positive and impactful. LaSalle has also hosted Robb Nash in the past.</p>	L. Conboy
10. Adjournment	<p>Laura thanked Committee members for their contributions to all the work that has been accomplished this year. Meeting adjourned.</p> <p>Meeting dates for the 2023-2024 school year to be sent to members in September 2023.</p>	L. Conboy